

2017 Fall Sports Information Marriotts Ridge High School

The following information will help parents and students as you prepare for the Fall Sports season:

1. The Fall Sports Season begins on August 9. Some teams will start later than that. Information is in this document.
2. All incoming 9th graders are academically eligible. All 10th, 11th, and 12th graders must have a 2.0 GPA with no more than one failing grade for the marking period.
3. All students will need the following:
 - a. Current physical: Must be dated after April 1, 2017.
 - b. Athletic Participation form.
 - c. Copy of Birth Certificate. (Required for all 9th graders. If students in 10-12 grade have played a sport before, this is already on file.)
 - d. Proof of residency. This may be a BGE bill, phone bill, etc.
 - e. Sudden Cardiac Arrest form.
 - f. You can download all forms on the [MRHS website](#) under Student Life > Athletics.
 - g. All student athletes must be insured.
 - h. All students must have concussion testing prior to the first practice, except for Golf and Cross Country. Concussion testing is good for 2 years.

The following is a list of Fall Varsity head coaches. It includes their email address and first practice date and time. Please refer all questions to the coaches and do not mail information to the school as it may get misplaced.

Sport	Coach	email	Start (date/time/location)
Volleyball	Emma Dawe	emma_dawe@hcpss.org	8/16 8am Main Gym
Field Hockey	Stacie Gado	stacie_gado@hcpss.org	8/14 7am Field Hockey field
Cross Country (Boys & Girls)	Rich Malt & Jason Conley	richard_malt@hcpss.org jason_conley@hcpss.org	8/14 8am Track
Football	Marcus Lewis	marcus_lewis@hcpss.org	8/9 7am Weight Room
Cheerleading	Kelly Brown	kelly_brown@hcpss.org	8/14 8am Room 116
Girls Soccer	Karen Peksa	karyn_peksa@hcpss.org	8/14 7am Track
Boys Soccer	Quinn Khouri or Paul Courtney	quinn_khouri@hcpss.org paul_courtney@hcpss.org	8/9 8am Soccer practice field
Golf (Boys & Girls)	Mark Dubbs	mark_dubbs@hcpss.org	TBD First tryout held at Waverly
Allied Soccer	Kim Burke	kimberly_burke@hcpss.org	Will begin in early September

CONCUSSION TESTING will be held in the Media Center computer lab under the direction of our Athletic Trainer, Carly Hayes, on the following dates:

Date	2:00 pm	3:00 pm
8/2	Football	Football
8/3	Girls Soccer	Boys Soccer
8/7	Field Hockey	Volleyball
8/8	Cheerleading	Make Ups
8/9	Make Ups	Make Ups

Athletes must be on time for their session with all concussion paperwork in hand. Email Carly with questions at carlyhayes27@gmail.com